

Lose It For Life Stephen Arterburn

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Stephen Arterburn. 3.72 · Rating details · 116 ratings · 20 reviews. Lose It for Life is a uniquely balanced program that not only deals with the physical issues of overeating but also focuses on the emotional, mental, and often-missed spiritual factors related to weight loss to help readers achieve permanent results.

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Lose It for Life: The Total Solution—Spiritual, Emotional ...
Another Christian weight loss program enjoying great popularity today is the [Lose It For Life](#) [Program](#). Created by best-selling author and radio personality Stephen Arterburn (founder of New Life Ministries and Women of Faith), this program claims to offer hope and direction for anyone tired of struggling with their weight.

Lose It For Life | Weight Loss Programs Info
How, with the help of God and others, you can develop a whole new approach to life, to eating, and to living healthy and free! Lose It For Life was developed by best-selling author and radio personality Stephen Arterburn, who lost sixty pounds twenty years ago and has kept it off. In this revolutionary book, he and Dr. Linda Mintle, who is known for her clinical work regarding weight issues, will help you accomplish what you desire most: permanent results.

New Life Ministries - Lose It For Life (revised & updated)
Lose It For Life Workbook by Stephen Arterburn Paperback \$11.49. In Stock. Ships from and sold by Amazon.com. FREE Shipping on orders over \$25.00. Details. Lose It for Life Day by Day Devotional: Devotions for Everyday of the Year by Stephen Arterburn Paperback \$10.31. Only 19 left in stock (more on the way).

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Lose It for Life was developed by best-selling author and radio personality Stephen Arterburn, who lost 60 pounds 20 years ago and has kept it off. In this revolutionarily book, he and Dr. Linda Mintle, who is known for her clinical work regarding weight issues, will help you accomplish what you desire most: permanent results.

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Lose It For Life is your answer—a uniquely balanced program that deals with the physical, emotional, and especially the spiritual elements that lead to permanent weight loss. Lose It For Life was developed by best-selling author and radio personality, Stephen Arterburn, who lost 60 pounds 20 years ago and has kept it off. In his revolutionary book, he and Dr. Linda Mintle, who is known for her clinical work with those dealing with weight issues, gave you the game plan for accomplishing what ...

Lose It For Life Workbook: Arterburn, Stephen ...
Lose It for Life is a uniquely balanced program that not only deals with the physical issues of overeating but also focuses on the emotional, mental, and often-missed spiritual factors related to weight loss to help listeners achieve permanent results. ©2007 Stephen Arterburn and Linda Mintle (P)2019 Thomas Nelson More from the same

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How, with the help of God and others, you can develop a whole new approach to life, to eating, and to living healthy and free! Lose It For Life was developed by best-selling author and radio personality Stephen Arterburn, who lost sixty pounds twenty years ago and has kept it off. In this revolutionary book, he and Dr. Linda Mintle, who is known for her clinical work regarding weight issues, will help you accomplish what you desire most: permanent results.

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